# Invent Success....

a self mastery program



### Tanishqa Quintessence Management Services

TQMS Global is Recognized member of IFTDO and ISTD





Is it essential to capitalize ONE'S INNER STRENGTHS well?

Can WINNING ATTITUDE be linked with YOUR goals?
Is EFFECTIVE COMMUNICATION key to professional success?

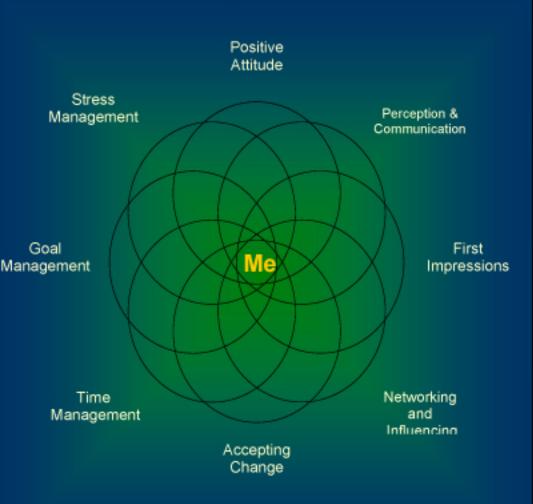
Does your FIRST IMPRESSION creates a lasting impression on others?
Is SELF MANAGEMENT possible by managing time and goals?
Is it crucial to OVERCOME ANXIETY and nervousness to succeed?

How important is it to MEASURE SUCCESS on a regular basis?



# "Door of the mind is always closed from inside"

Let's unlock our potentials.



#### Target audience

Career oriented
Prospective Executive
& Managerial professionals

#### Methodology

Energisers, Icebreakers Presentations, Case Analysis, Journal Work

# Contact us at KINNESQUI training centre

Suite 208,V Mall, Next to Sai Dham, Off Western Express Highway, Kandivali East, Mumbai 400

Kanaivaii Easi, Mumbai 400 101

Tel: +91 22 6526 4430

Email: <u>info@tqmsglobal.com</u> Website: ww.tqmsglobal.com

#### Invent Success Course has eight modules

- Module 1 focuses on Capitalizing one's Inner Strengths thru Self awareness.
- · Module 2 focuses on Understanding effects of Perception on Communication.
- Module 3 focuses on Creating lasting First Impressions on others.
- Module 4 focuses on Influencing skills essential for networking.
- . Module 5 focuses on Effective Change management
- . Module 6. focuses on Time Management
- Module 7. focuses on Mastering the Goal Management Process
- Module 8 focuses on Stress Management.

## Program benefits:

#### Delegates will be able to:

- Identify their strengths as well as development needs.
- Manage their personal Universe thru right impression.
- Balance personal and professional goals by understanding their roles and responsibilities.
- Increase their personal influence thru successful communication.
- · Network effectively with integrity.
- Handle transitions thru effective change management.
- Organise and prioritize their time for better productivity.
- · Eliminate chronic stressors with proven techniques.
- · Handle unexpected demands without panic, for a happier life. You'll breathe easier.

Invent Success helps delegates to adopt habits that help a person achieve success with pride, passion and integrity.

Venue **Kinnesqui** Training Centre Duration
2 months
36 Hours
24 sessions

Program Marketed By



"Nobody can go back and start a new beginning, but anyone can start today and make a new ending"